

# Your Mentor Network

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# What does "Mentor" mean to you?



#### Getting a Mentor

#### Know thyself –

- i. Who are you?
- ii. What are you good at?
- iii. Where are your areas of opportunity?

#### 2. Reflect on –

- i. Who do you want to be when you grow up?
- ii. Who do you want to be like? Who do you admire?
- iii. Who can help you with challenges?
- iv. One is not enough, get multiple people to bounce ideas off of

#### 3. Connect with courage –

- i. Make a target list of who you want to connect with
- ii. Learn about them and get an introduction
- iii. Make a connection and create a routine





### Tips for Speed Mentoring

- Be prepared!
  - i. Do some initial research on the mentors
  - ii. Be equipped with thought-provoking questions
  - iii. Set a goal(s)
- 2. Practice your Elevator Speech (3 W's)
- 3. Be authentic and natural
  - i. Come ready to engage with a diverse group of mentors
- 4. Keep an Open Mind
  - i. Active Listening
- 5. Trade contact information
- 6. Set follow-up actions and follow-through

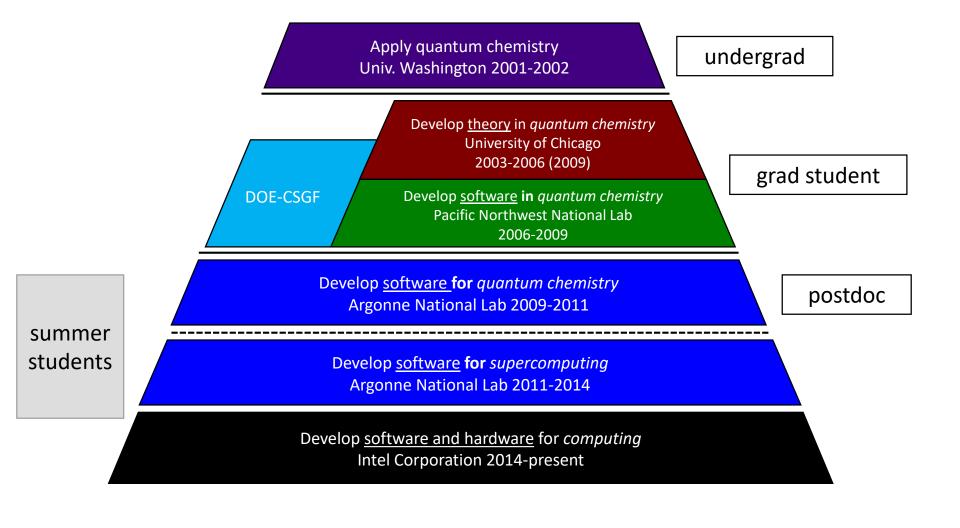




#### **Example Questions to Ask**

- 1. What is the best decision you've ever made?
- 2. What is the worst decision you've ever made?
- 3. If there was one thing you wish you had known when you started out, what would that be?
- 4. When you face a setback or disappointment, what do you do? (Resilience!)
- 5. What is the wisest step you think I can take right now?





# Mentoring @ SC18

Mathematics & Computer Science Division
Argonne National Laboratory

# An Example: Mentoring at Argonne

- Formal postdoctoral mentoring program
  - Mentor different from supervisor
  - Expected to meet at least quarterly
  - At 1-year renewal, provide statement on what was valuable
  - Postdocs may have other informal mentors
  - Separate "navigator" program for all new employees
    - Covers areas that some mentoring instances might also
    - Intended to be at a peer level
    - Many (>1 year) postdocs serve as such navigators
- Informal mentoring beyond postdoc
  - Seek to complement supervisory input/guidance
  - Includes peer-level mentoring

## Personal Experiences/Lessons Learned

- Just ask! Senior people (surprisingly?) generous with their time
- Complement supervisor(s) with mentors
  - Junior (senior) supervisor => Senior (junior) supervisor
  - Supervisor in field A and you want to also be in field B long term => Field B mentor
  - 0 ...
- Get eyes on your material (CV, research/teaching statement, website, practice talks, ...)
  - The more eyes the better, decide how you choose to filter
- Obtain multiple data points when unsure

# **Summary**

- Mentee:
  - Decide what you want out of mentoring relationship
  - Choose mentors and engagement strategically
  - Appreciate that mentoring is not a substitute for your achievements
- Mentor:
  - Let mentee lead ...
  - ... and offer examples/probe critical areas if needed
  - Highlight uncertainty
    - Many paths look different from what you know

# Wendi Sapp, "overachiever with a short attention span"

#### In school I studied:

- Psychology
- Music performance
- Spanish, Linguistics
- Chemistry, B.S., M.S.

#### What I actually do:

- Technical writing
- Web development
- Program management
- Business owner

# Why mentoring?

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- Goals!
- Get there faster!
- Grow professional network

# Personal mentoring philosophy

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- Experiences
- Relationships